

## A Note From Our Administrator

I would like to wish good health and happiness in the coming year to our Renaissance residents, families, and staff. The fresh start of a new year holds with it the hope and promise of better times ahead. For us that means hopefully a relaxing of the COVID guidelines that closed our doors and helped keep our residents safe but also had the side effect of limiting our interactions with loved ones, community members and volunteers. We are looking forward to once again the resumption of in-person church services, visits with a beloved therapy dog, intergenerational groups, and increased opportunities for entertainers.

### Sunil Chacko, NHA

*Administrator, Renaissance Healthcare & Rehabilitation Center*

## Our Department Leaders

- **Sunil Chacko, NHA**  
Administrator
- **Christina Bond**  
Director of Nursing
- **Gabrielle Winchester**  
Admissions Coordinator
- **Tammy Sears**  
Human Resources/Payroll
- **Yvette "Vickie" Chase**  
Business Office Manager
- **Dr. Joshua Uy**  
Medical Director
- **Getachew Temesgen**  
Staff Development/  
Infection Control
- **Christine Eagan**  
Activities Director
- **Daina Parackel**  
Director of Rehabilitation
- **Samantha Beano,**  
Interim Dietician
- **Natasha Soto**  
Director of Food Services
- **Qumarah Leggett**  
Central Supply
- **Ira Gray**  
Director of Maintenance
- **Darlene Brown**  
Director of Housekeeping
- **Julie Borisova**  
Social Services
- **Megan Kranicki**  
RNAC



Beatty Family Bingo



Family and staff line dancing to Jimmy Wells singing Wobble



Girl Scout Troop #9115



Miss Sylvia's Family Portrait 2022



**Resident Birthdays**

Ibrahima K. · 1/01  
Edythe M. · 1/08  
Carrie V. · 1/09  
Edith H. · 1/11  
Diana B. · 1/15  
Helen S. · 1/19  
Mattie G. · 1/24  
Levi B. · 1/29  
Trena H. · 1/30

**Staff Anniversaries**

Ronald D. · 1 Year  
Isatu B. · 1 Year  
Roxane J. · 1 Year  
Aleeyah M. · 2 Years  
Jessica C. · 5 Years  
Adele G. · 10 Years  
Richard M. · 10 Years  
Crystal M. · 32 Years



# January 2023 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 10:00-12:00 Exercise, Daily Bread 2:00-4:00 Bible Study Movie Matinee 	<b>2</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Bingo (1) 2:00 New Year's Resolutions 2 3:00 Total Request Live	<b>3</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Kitchen Kapers (1) 2:00 States Trivia (2) 3:00 Viewers' Choice	<b>4</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Trivia Day (1) 2:00 Trivia Day (2) 3:00 Classic TV	<b>5</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 We Have A Dream (1) 2:00 The Week In Sports (2) 3:00 Total Request Live	<b>6</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Dear Abby (1) 2:00 Bingo (2) 3:00 Viewers' Choice	<b>7</b> 10:00-12:00 Exercise, Morning Chatter 2:00-4:00 Movie Matinee 	
<b>8</b> 10:00-12:00 Exercise, Daily Bread 2:00-4:00 Bible Study Movie Matinee	<b>9</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Bingo (1) 2:00 Life Trivia (2) 3:00 Total Request Live	<b>10</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Concentration (1) 2:00 Ice Breakers (2) 3:00 Viewers' Choice	<b>11</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Drum Circle (1) 2:00 Kitchen Kapers (2) 3:00 Classic TV 	<b>12</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Betty & Coretta (1) 2:00 The Week In Sports (2) 3:00 Total Request Live	<b>13</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Would You Rather? (1) 2:00 Bingo (2) 3:00 Viewers' Choice	<b>14</b> 10:00-12:00 Exercise, Morning Chatter 2:00-4:00 Movie Matinee	
<b>15</b> 10:00-12:00 Exercise, Daily Bread 2:00-4:00 Bible Study Movie Matinee	<b>16</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 I Have A Dream: Honoring MLK Jr. 	<b>17</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Bingo (1) 2:00 Table Games (2) 3:00 Viewers' Choice	<b>18</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Art in the Afternoon (1) 2:00 Betty & Coretta (2) 3:00 Classic TV	<b>19</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 <b>Entertainment with Jimmy Wells!</b> 3:00 Total Request Live 	<b>20</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Life Trivia (1) 2:00 Bingo (2) 3:00 Viewers' Choice	<b>21</b> 10:00-12:00 Exercise, Morning Chatter 2:00-4:00 Movie Matinee	
<b>22</b> 10:00-12:00 Exercise, Daily Bread 2:00-4:00 Bible Study Movie Matinee	<b>23</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Bingo (1) 2:00 Toss Across (2) 3:00 Total Request Live	<b>24</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Word Games (1) 2:00 Dear Abby (2) 3:00 Viewers' Choice	<b>25</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 20 Questions (1) 2:00 Drum Circle (2) 3:00 Classic TV	<b>26</b> 10:00 Game Show TV 11:00 Food Comm. Mtg. (1) 11:30 Morning Chatter 2:00 Resident Council Mtg. (1) 2:00 The Week In Sports (2) 3:00 Total Request Live	<b>27</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 What Would You Do? (1) 2:00 Bingo (2) 3:00 Viewers' Choice	<b>28</b> 10:00-12:00 Exercise, Morning Chatter 2:00-4:00 Movie Matinee 	
<b>29</b> 10:00-12:00 Exercise, Daily Bread 2:00-4:00 Bible Study Movie Matinee 	<b>30</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Bingo (1) 2:00 Art in the Afternoon (2) 3:00 Total Request Live	<b>31</b> 10:00 Game Show TV 11:00 Exercise 11:30 Morning Chatter 2:00 Toss Across (1) 2:00 What Would You Do? (2) 3:00 Viewers' Choice	Any changes to activities will be posted in the dining rooms.				





## Resident of the Month: Margaret Lawrence

Mrs. Margaret Lawrence was born in Coatesville, PA, the fourth born of ten children. Her mother took care of the children while her father ran his dairy farm that had over twenty cows. The five daughters helped in the garden and around the house while the five sons helped their father in the dairy. At the age of 18, Miss Margaret moved to Philadelphia with her 20 year-old sister and got a job at the Sunrise Drug Store. It was at the drugstore's food counter where she was working as a waitress that she met her future husband, William, who worked for the Lehigh Valley Dairy Co. He worked on the administration end of the dairy, causing Miss Margaret to laughingly say, "I was more familiar with cows than he was!" Their relationship started slowly with flirtation,

progressed to dating, and five years later led to marriage. Together they had two daughters and were married almost forty years before William passed. When her daughters were teenagers, Miss Margaret got a job with Lit Bros., sewing curtains for their interior decorating department. After leaving there, she purchased three sewing machines and went to work at a shop called The Carriage Stop before eventually printing up cards and striking out on her own. Miss Margaret shared that one of her biggest joys is having grandchildren; especially the days when the cries of "Nanny!" and "Pop-Pop!" were a constant refrain. Miss Margaret's words of advice to all in these especially trying times are, "Always be kind to one another. Never go to bed with anger."



## Martin Luther King Jr.

Alabama  
Assassination  
Brotherhood  
Change  
Civil rights  
Dream  
Equality  
Freedom  
Georgia  
Integration  
January  
Justice  
Minister  
Nobel  
Nonviolence  
Peace  
Rosa Parks  
Segregation  
Speech



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## Brown Butter (+Bourbon) Snickerdoodles

### Ingredients:

- 1 cup unsalted butter
- 2 1/2 cups all-purpose flour
- 2 teaspoons cream of tartar
- 1 teaspoon baking soda
- 1 teaspoon kosher salt
- 1+ 1/4 cups granulated sugar, divided
- 1/2 cup brown sugar
- 2 eggs, beaten
- 2 tablespoons bourbon
- 1 teaspoon vanilla extract
- 1 tablespoon cinnamon



### Instructions:

1. In a small saucepan over medium heat, melt the butter. Continue cooking, until the butter foams and then darkens in color slightly and is very fragrant, 3 to 4 minutes. Transfer the butter immediately to a heatproof bowl, and let it cool at room temperature for 20 minutes.
2. As the butter is cooling, combine the flour, cream of tartar, baking soda, salt, **1 cup** of the sugar, and the brown sugar in a large bowl.
3. Add the cooled brown butter, the beaten eggs, the vanilla, and bourbon. Stir with a spatula until you have a cohesive dough. Chill dough for 1-3 hours.
4. **Heat the oven to 350°F. Line a sheet pan with parchment paper.**
5. In a small bowl, combine the remaining 1/4 cup sugar and the cinnamon.
6. Form the dough into walnut-sized balls. Roll the dough balls in the cinnamon and sugar and transfer to the prepared sheet pan.
7. Bake for 8 to 11 minutes — dough balls will puff up and they will look not completely cooked, but you should remove them anyway — they'll collapse and continue to cook as they cool. Remove the pan from the oven. Let the cookies cool slightly on the baking sheets; then transfer to a wire rack to cool completely.



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